

Assessment and Treatment of the Dizzy Patient

Saturday, September 18th and Sunday, September 19th, 2021



Hosted by: MossRehab
Location: MossRehab at Elkins Park
60 Township Line Road
Elkins Park, PA 19027
Cost \$125.00

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What do you do when your patient is dizzy? This two day introductory course will instruct therapists on how to assess and treat the dizzy patient. Dizziness can have many sources and this course will give therapists the tools to complete a differential diagnosis, identify those patients whose dizziness can be treated by Physical Therapists and successfully treat those patients. Through lecture and lab practice the participants will learn how to apply and interpret various tests and measures and to perform treatment interventions. There will be an emphasis on three common sources of dizziness that are treated by therapists: cervicogenic, temporomandibular and vestibular.

Target Audience: Physical Therapists, Physical Therapist Assistants.

Learning Objectives: At the conclusion of this course the participants will be able to:

1. State three causes of dizziness in patients
2. Perform (3) clinical tests and measures to assess dizziness in patients
3. Describe the anatomy of the vestibular system and how it relates to dizziness
4. Describe the anatomy of the cervical spine and how it relates to dizziness
5. Describe the anatomy of the temporomandibular joint and how it relates to dizziness
6. Demonstrate (2) treatment interventions dizziness due to vestibular problems
7. Demonstrate (2) treatment interventions for dizziness due to cervical dysfunction.
8. Demonstrate (2) treatment interventions for dizziness due to temporomandibular joint dysfunction.

AGENDA

Saturday, September 18, 2021

- 8:00 am Registration & Continental Breakfast
- 8:30 am Anatomy and Physiology of the Cervical Spine , the Temporomandibular Joint and Vestibular Systems.
John Morris, PT, MBA, OCS, FAAOMPT, Cert. MDT
Janine Brodovsky MSPT, DPT
Jing Zhou PT, DPT, PhD
- 10:45 am Break
- 11:00 am Screening for Dizziness in the Acute Care Setting
Janine Brodovsky MSPT, DPT
- 12:00 am Lunch (On your own)
- 12:45 pm Examination and Differential Diagnosis of the Cervical Spine
John Morris, PT, MBA, OCS, FAAOMPT, Cert. MDT
- 2:15 pm Examination and Differential Diagnosis of the Temporomandibular Joint
Jing Zhou PT, DPT, PhD
- 3:45 pm Break
- 4:00 pm Examination and Differential Diagnosis of Vestibular Dysfunction
Janine Brodovsky MSPT, DPT
- 5:30 pm Introduction of Case
- 5:45 Adjourn



Sunday, September 19, 2021

- 8:00 am Registration
- 8:15 am Case Review
- 8:30 am Cervical Spine Treatment Interventions Lab
- 10:00 am Break
- 10:15 am Temporomandibular Joint Treatment and Interventions Lab
- 11:45 am Lunch (on your own)
- 12:30 pm Vestibular Interventions Lab
- 2:30pm Case Conclusion and Adjourn

ABOUT the SPEAKERS

Janine Brodovsky PT, MSPT, DPT

Janine has over 20 years of experience working with persons with dizziness and vestibular disorders. She graduated from Quinnipiac College with a BS in PT in 1984, earned a Master of Science in PT from Temple University in 1997 and her DPT from Arcadia University in 2014. Janine holds entry level and advanced certificates from Emory University as well as Duke University in the evaluation and treatment of persons with vestibular disorders. She is the Program Director for the Balance and Vestibular Program for the Einstein Healthcare Network, and has been employed at MossRehab for over 33 years. She is employed in the outpatient physical therapy department at MossRehab Elkins Park, evaluating and treating patients with dizziness complaints, vestibular disorders, concussion and neurologic disorders. She teaches vestibular content in the graduate PT programs of two local Universities and has presented at regional and national conferences on vestibular dysfunction and concussion.

John Morris PT, MBA, OCS. FAAOMPT, CertMDT

John has been a practicing therapist for more than 18 years' experience working with the outpatient orthopedic population. He holds an advanced certification in Orthopedics and is a Fellow of the American Academy of Orthopaedic Manual Physical Therapists (FAAOMPT). John is the clinical manager of MossRehab Lansdale and the Director of the MossRehab Orthopedic Residency, where he also serves as a mentor and faculty member.

Jing Zhou PT, DPT, PhD

Jing has been a therapist for over 8 years in Outpatient Therapy Department at MossRehab. She received her DPT degree from Arcadia University. Prior to entering the Physical Therapy profession, Jing worked briefly in the Biochemistry research field and earned her Ph.D. from University of Maryland. Jing has a clinical passion for treating temporomandibular dysfunction. One of Jing's very first clients with TMD told her that her primary goal was to be able to kiss and hug her toddler kids. Her perspectives helped Jing to realize the impact of successful TMD management on one's psychosocial roles. Outside of work, Jing loves to hike and garden.

Rick Webb PT, DPT, OCS

Rick is a graduate of the University of Delaware and works as a therapist at MossRehab Outpatient Center at Castor Avenue. He treats a primary orthopedic case load, Rick is a 2018 graduate of the MossRehab Orthopedic Residency and earned his Orthopedic (OCS) Specialty certification in 2018.

Continuing Education Credits:

Contact Hours: 13.25 CEUs: 1.325

This program has been submitted for approval by the **Pennsylvania State Board of Physical Therapy and the New Jersey State Board of Physical Therapy Examiners for 13.25 contact hours.**

MossRehab is an approved provider of CEUs for Physical therapists and PTAs through the **NY State Education Department.**

Requirement for successful course completion:

Satisfactory completion of the continuing education units consists of full attendance with monitored sign in and sign out forms and completion of a course feedback form that includes self assessment of learning outcomes.

For more information contact Sheila Wallace by email at wallacsh@einstein.edu or by phone at 215-663-6457



To register go to:

www.mossrehab.com/continuingeducation

To Register and pay online go to :

www.mossrehab.com/continuingeducation

Advance registration is required due to space limitations. Registration is on a first-come, first-served basis.

Registration Deadline is **September 4, 2021.**

Conflict of interest statement: Faculty and all others who have the ability to control the content of continuing education activities sponsored by MossRehab are expected to disclose to the audience whether they do or do not have any real or apparent conflict(s) of interest or other relationships related to the content of their presentation(s).

The current faculty and planners have no financial or non-financial conflicts of interest.

Cancellation Policy: All cancellations must be submitted to the MossRehab in writing. Please explain the circumstances of the cancellation in a fax or e-mail to ensure a timely response. Requests received 3 days or 72 hours prior to course start will result in a full refund. Requests received less than 3 days (72 hours) prior to the course start will result in a non-refundable administration processing fee of \$50.00 or 50% of registration cost (whichever is less). No shows or cancellations within 24 hours of the course start will be ineligible for a refund. MossRehab will reimburse you the cost of the registration, if we have to cancel a course due to low enrollment, weather, or an emergency situation. We are not responsible for any other costs associated with attending a conference. If you are on the waiting list of a course and do not get in, we will not charge your credit card; if you paid by check we will send the check back to you. In the event that a course is rescheduled we will provide you the option of applying the tuition towards the rescheduled course in lieu of a full refund.

